

Mammoth Hospital's Lecture Series:

# Live Better, Live Longer

Heart Health

Sponsored by the Mammoth Hospital Auxiliary

## Sierra Nevada Cardiology

Friday, March 9th

**Kosta Arger, MD**

"Alcohol and the Heart"

## Mammoth Cardiology

Thursday, March 22nd

**David Baker, MD**

"Live Smart for the Heart"

*Both lectures will be held at 6pm in the Family Medicine Clinic Lobby  
Lecture is free - no reservations necessary. Refreshments will be served.*



**MAMMOTH HOSPITAL**

Southern Mono Healthcare District 

For more information, contact

**Kiara Raazi at 760.924.4116**

*Official Medical Provider for  
Mammoth Mountain Ski Area.*

  
Mammoth.

**760.934.3311 | [www.mammothhospital.com](http://www.mammothhospital.com)**